



## Adult Specific Information

Issue	Who/What Can Help
<b>Work</b>	Department of Workforce Services <a href="http://wyomingworkforce.org/vr">http://wyomingworkforce.org/vr</a> Vocational Rehabilitation Services can help with keeping your job or finding a new job.
	Americans with Disabilities Act <a href="http://www.ada.gov">http://www.ada.gov</a> Information available about your rights and reasonable accommodations.
	Brain Injury Association of Wyoming <a href="http://www.projectbrainofwyoming.com">http://www.projectbrainofwyoming.com</a> Understanding Brain Injury guides for employers and Return to Work guides.
<b>Relationships –</b> Changes in roles and relationships can be difficult on the brain injury survivor as well as other family members.	Support Groups – there are brain injury support groups, caregivers support groups, seizure support groups and more around the state.
	Counseling – licensed professional counselor, spiritual advisor or community mental health programs.
<b>Addiction –</b> Alcohol and drug abuse affects recovery negatively.	12 step programs – found in most communities, can help addicts and those affected by addition (AA, Al-Anon, Alateen).
	Recovery programs and licensed professional counselors.



## Child/Teen Specific Information

Issue	Who/What Can Help
<b>School –</b> There are a number of agencies who can provide assistance with IEP's including PIC, UPLIFT, P&A, and BIAW's statewide educator.	Talk to your child's school about the possible need for an Individualized Education Program (IEP).
	Parent Information Center <a href="http://wpic.org">http://wpic.org</a> IEP assistance for children with disabilities.
	UPLIFT <a href="http://upliftwy.org">http://upliftwy.org</a> Assistance for children's mental health.
	Brain Injury Association of Wyoming <a href="http://www.projectbrainofwyoming.com">http://www.projectbrainofwyoming.com</a> Teaching Strategies, IEP checklists, etc.
<b>Future problems –</b> During times of developmental changes and growth, effects of an earlier brain injury can appear/reappear.	Keep your Primary Care Physician updated on behavioral changes or new problems with school or relationships and ensure the previous brain injury is considered.
	Watch for issues as listed in Brain Injury Survivor Lifecycle Guide and discuss any changes with physician, school counselors, or other recommended individuals.
<b>Addiction –</b> Alcohol and drug abuse affects recovery negatively.	12 step programs – Alateen is found in many communities.
	Recovery programs and licensed professional counselors.